

## Prices & Treatment

**Smoking Cessation** – One Session Therapy - £100

One Follow up session is given free of charge if necessary (Contact me for further details)

For all other symptoms - £50 per session. Sessions can last between 60 – 90 minutes.

Length and treatment type – Because all cases are individual it is impossible to give an exact length of treatment. Some people will find one session sufficient whilst others will need between 3 and 5, additionally some people like to come on a weekly basis for general confidence boosting and the feel good factor.

You can pay by **cash or cheque**. Unfortunately, credit-card facilities are not available.

Please give **24 hours' notice if you have to cancel an appointment**, otherwise a fee will be charged.